



O3 Tiffin

3 WEEKS SAMPLE MENU

Only lunch charges are Rs 200/day
Minimum sign up required is 15 days

— OUR PRODUCTS —



WEEK 1

Brings you home

RASSAM
CRISPY POTATOES
MIXED VEGGIES
ALOO RAITA WITH SPROUTED MOONG

VEG THAI CURRY
STIR-FRY VEGGIES
PAPAYA SALAD
THAI PANEER WITH CASHEWNUT RICE

NUTTELA
CABBAGE FOOGATH
STUFFED BHINDI
PLAIN YOGURT

PASTA IN RED SAUCE
HONEY PANEER ROAST VEGGIES
GARLIC BREAD
TRIFLE PUDDING

DAL PAKWAN
POTATO WHEELS
DAHI PAKORI CHAAT
CUCUMBER SALAD
IMLI ONION CHUTNEY



WEEK 2

Brings you home

KALI DAL
VEG JALFREZI
PALAK RAITA
TENDILI

YELLOW DAL
KERELA MIXED VEGGIES IN COCONUT
KAJU PANEER
BEETROOT SALAD

NUTTELA
CABBAGE FOOGATH
STUFFED BHINDI
PLAIN YOGURT

CHAWLI
PANEER MACORONI
JEERA BHENDI
DODHI RAITA

YELLOW DAL
JEERA ALOO
TURIYA PATRA
BOONDI RAITA
CORN & ICEBERG SALAD



WEEK 3

Brings you home

MEXICAN RIICE
HOT CHILLY PANEER
RUSSIAN SALAD
BLACK DAL
BHINDI JEERA

DAHI KADHI
FANSI DHOKLI
SUKHA ALOO
ICEBERG LETTUCE SALAD

PEANUT CURRY
PALAK PANEER
TANDOORI VEGGIES
PALAK RAITA

SAI BHAJI
KHICHDI
GOBI ALOO
YELLOW DAL
BOONDI RAITA

VEG CURRY
CORN & CAPCICUM
FRIED CRISPY BHINDI
MOONG DAL
RUSSIAN SALAD
